

RISING MOTHER

School of Birthwork

the

Full Spectrum Doula Training

SIX MONTHS · EIGHTEEN WOMEN · BEGINS JANUARY 11, 2027

rising-mother.com

RISING MOTHER SCHOOL OF BIRTHWORK

Birthwork asks us to understand human beings at their most vulnerable, powerful, and unpredictable. That deserves an education with some depth to it.

At Rising Mother School of Birthwork, we study the entire reproductive journey, from conception and pregnancy through birth, loss, postpartum, and early family life. We bring together the knowledge, practical skills, and judgment needed to accompany women and families through experiences that rarely unfold according to the textbook.

A woman's physiology is only part of the picture. Her history shapes how she experiences what happens to her. Her baby has needs of their own. Her relationships, circumstances, and beliefs influence the decisions she makes. What happens during pregnancy, birth, or loss can also carry meaning beyond the experience itself.

To understand birthwork, we need to understand the people living it. Our education makes room for all of it.

Science, clinical knowledge, psychology, bodywork, ancestral practices, and ceremony each have something to contribute, and none of them gets a free pass. We examine them carefully, understand their possibilities and limitations, and learn how to bring them into practice with discernment.

The Full Spectrum Doula Training is the school's foundational six-month education. Graduates leave with a substantial body of knowledge, practical tools, a clearer understanding of their professional responsibilities, and the ability to walk into a room where everything is happening at once and know what to do with what they find.



MEET THE FOUNDER

Vanessa Lachmann

OSTEOPATH (BSC) · PEDIATRIC OSTEOPATH (DPO)
DOULA · SHAMANIC PRACTITIONER · LICENSED NATUROPATH
FOUNDER OF RISING MOTHER

Vanessa Lachmann has sat with people in both the first hours of their lives and the last.

She began her medical training with the German Red Cross while she was still in high school, then worked across postoperative care, palliative care, labor and delivery, hospice, and residential care for people with advanced dementia and prolonged disorders of consciousness. Six years of osteopathy followed, with research on pregnancy-related pelvic pain, a postgraduate degree in pediatric osteopathy, and further specialization in obstetric and gynecological care. She practiced as an osteopath in neonatal intensive care, then built her own practice in Hamburg alongside midwives. Since 2014 she has taught practitioners at universities and in independent programs how to approach an infant, how to use touch that goes beyond hands-on technique, and how to reason clinically past the diagnosis to a patient's psychosocial and cultural context.

She trained in shamanic practice and ceremony with her own mother, as well as other teachers and elders. She grew up among academics, therapists, and traditional practitioners, in a family where scientific inquiry and a prayer to the water weren't considered mutually exclusive.

> *That is what she teaches: what can be measured, what can be experienced, and the discernment to know what each kind of knowledge can and cannot tell us.*



WHY THIS TRAINING EXISTS

Feeling Too Much, *Professionally.*

Some women come to this work because they gave birth and can't stop thinking about it. Some have spent years with mothers and babies and know there is more to understand. Some have never attended a birth and can't shake the feeling that this is where they belong. However you arrived, take that pull seriously. We do.

You can learn what a doula does in a long weekend: the stages of labor, a few comfort measures, a birth plan template, and a certificate. Then you're at a birth and the plan fell apart an hour ago, the partner has gone pale, the midwife has gone quiet, someone's running in and out, and the woman turns and looks at you. Nothing from that weekend tells you what to do with that look.

This training is built for real life moments like these. It takes six months because two things have to be true at once: your clinical knowledge has to be solid enough to recognize when something needs medical attention, and your inner ground has to be steady enough that you don't flinch in the face of unpredictability. In this work, you'll meet women whose beliefs are different from yours and families who make choices you never would, and you'll learn to serve them anyway.

> *If you've been told your whole life that you feel too much, that you're too intense, too sensitive, or that you ask too many questions: good. In this work, that's a job requirement.*

A woman becoming a mother has no use for someone who feels less. She needs a person who says or notices the thing other people seem happy to ignore, and knows what to do with it.

Feeling everything is the gift. Without riverbanks, it's a flood: you take the family's fear home, mistake your own history for her truth, and burn out before you've really begun. This training builds them. Direction for what you sense, discernment for what you intuit, and boundaries that let you do this work for decades. You learn when to act, when to listen, when to ask one more question, and when to hand it to someone more specialized.

Picture yourself beside a woman whose doctor is talking over her. Suddenly you're sixteen again, being talked over yourself. Your old wound bleeds into your senses, and for a few seconds you're no use to anyone in that room. Bad timing. This training takes you into your own imprint deliberately, so it doesn't ambush you in your work. One day you'll sit beside a woman whose experience mirrors your own, but that moment belongs to her. The more clearly you know yourself, the more freely you can be present for someone else. The better you learn to sit with yourself, the better you can sit with someone else.

That is why this education begins with you.

Vanessa doesn't believe in going at your inner life with an industrial floodlight. Instead, she'd hand you a candlestick, and walk into the dark beside you, gently lighting only what needs attention now. Think of her as your doula through this training. When something comes up, she's right there with you.



THE JOURNEY THROUGH THE TRAINING

Before you learn to accompany another woman through life's thresholds, you need to understand what you bring to them. The training follows that exploration. We begin with your foundations, move through the inner world, develop the skills to meet others, and gradually widen our understanding of relationship until it's time to bring the work into the world.

OPENING CEREMONY · SISTERHOOD & THE WITCH WOUND

Going down. *Finding your foundations.*

01 **ROOTS**
Know where you come from.
HERstory, reproductive physiology, clinical knowledge, the full reproductive journey, and your own beginnings.

02 **INTUITION**
Understand what moves within you.
Neuroscience, psychology, fear, beliefs, relationships, communication, and discernment.

Opening up. *From me, to you, to we.*

03 **TOUCH**
Learn how to meet another human.
Embodiment, skilled touch, bodywork, ceremony, and discovering your own medicine.

04 **MOTHER EARTH**
Understand the relationships that sustain life.
Plants, nourishment, traditional knowledge, reciprocity, the placenta, and the Song of Life.

Stepping out. *Into the world.*

05 **BUSINESS**
Give your work a foundation to stand on.
Professional identity, ethical practice, positioning, financial sustainability, and building a business of your own.

CLOSING CEREMONY · RITE OF PASSAGE

SIX MONTHS · FIVE MODULES · SEVEN DEEP DIVES

The *Curriculum*

DEEP DIVE 01

The Witch Wound

Most online trainings begin with a login and a welcome. We open live in ceremony.

The Witch Wound brings all eighteen women together in a circle. You'll meet the women you'll study beside for the next six months, begin exploring the history of women's knowledge and sisterhood, and meet your tribe sister, the woman who'll walk the training with you.



MODULE 1

01 ROOTS

Understand the world you're stepping into.

We begin with your why. For most of human history, women accompanied each other through birth. Over centuries, the people attending births, the knowledge they relied on, and the authority to make decisions changed. Some developments saved lives. Others came at the expense of women's autonomy. HERstory examines both, including the stories we've inherited about women's knowledge and why it is still so goddamn hard for a woman to simply be. You'll recognize the pull that brought you here as part of that story: women finding their way back to each other.

From there, you build your roots. Evidence-based research, clinical protocols, and the reproductive journey from conception through pregnancy, loss, birth, postpartum, and early childhood. We examine it through different perspectives: the mother's, the partner's, the medical team's, and the baby's. When a woman asks why an induction is being recommended, you'll understand the medical reasoning, the questions worth asking, and the options that may be available. You'll learn how to support informed decisions while respecting the responsibilities of the people providing clinical care.

ROOTS covers the beautiful parts of the reproductive journey but also the difficult ones. You're likely to recognize pieces of your own story: how you came into womanhood. What you've learned about your body. Your own experiences of motherhood, or the expectations you've carried about it. The things you believe about birth, safety, authority, and what a woman should be able to endure.

Vanessa takes the personal dimension of this education seriously. Through reflection, guided practice, and mentorship, you'll examine how your experiences shape what you notice, believe, and bring into a room.

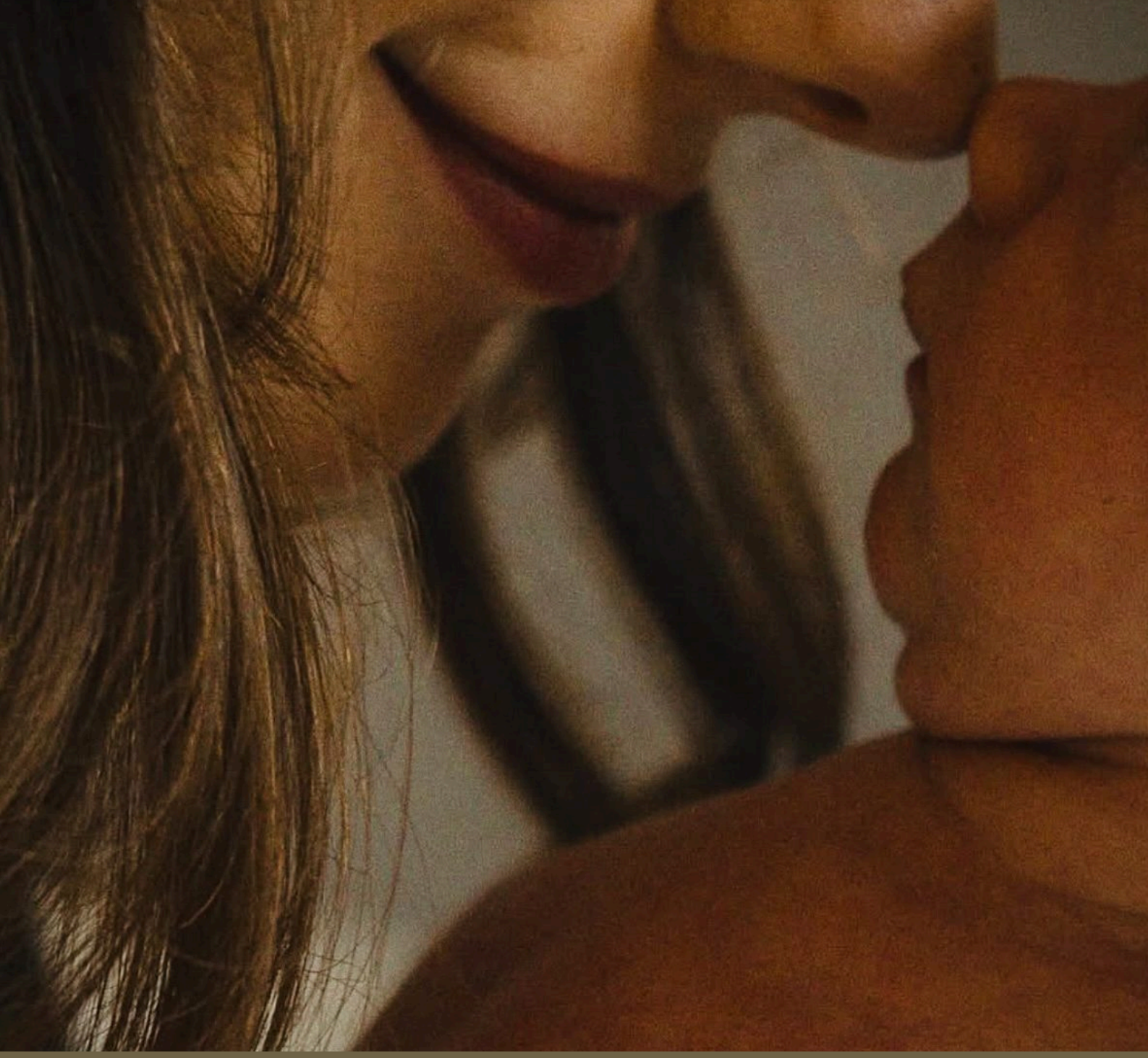
DEEP DIVE 02

The Blueprint

ROOTS closes at the very beginning: how you came into this world. Your birth was your first threshold, and the stories surrounding it may hold meaning for how you understand later beginnings. Vanessa opens the circle with a teaching, then guides you through two shamanic journeys to explore your first arrival, the patterns you recognize in your life, and what you might want to approach differently.

THEMES

- Why you're here: your calling and your intentions for this work
- HERstory, the witch hunts, and a timeline of birth culture
- The four wounds: Witch, Mother, Father, and Sister
- Conception, fertility, family planning, and spirit babies
- Embryology, anatomy and physiology of pregnancy, and prenatal care around the world
- Pregnancy through the eyes of the mother, the partner, the obstetrician, and the baby
- Pregnancy loss: miscarriage, stillbirth, ectopic pregnancy, and abortion
- Labor and birth: stages, fetal positions and breech, induction, pain, interventions, birth settings, and cesarean birth
- Informed choice and birth autonomy
- Medical over-care and the freebirth industry
- Postpartum recovery, postnatal care, scar care, and breastfeeding
- Newborn needs, pediatric check-ups, and early development
- Your own birth experiences and the history you carry into every birth you attend



MODULE 2

02 INTUITION

Understand what moves people, starting with you.

ROOTS gives you the history, the body, and the medical landscape of the reproductive journey. INTUITION takes you underneath it. Why does a woman who has read every book still panic when labor begins? Why can a family love each other and still make everything harder? Why do your own reactions sometimes get the better of you? We approach it like an onion: one layer at a time.

Fear has a physiology. Something a woman learned at fourteen can still influence what feels safe to her at forty. You'll learn how fear and belief travel through the nervous system into a body, a home, and a relationship. You'll also learn what matrescence does to a woman's sense of who she is, and how your own steadiness becomes something she can borrow.

Then comes one of the central skills of this training: telling intuition from projection. Projection happens in every room where people are vulnerable, and it shapes decisions while everyone believes they're being perfectly reasonable. You'll learn to recognize it in her, in the family, and in yourself. Then you'll learn how to use it as information.

> *A gut feeling is worth following once you can tell it apart from your own projection.*

INTUITION also explores what we carry from our relationships: the parent who disappointed us, the former partner who hurt us, the birth that went wrong, the doctor who didn't listen.

Vanessa teaches forgiveness as a practice of examining what still has a hold on us, without excusing what happened or demanding reconciliation. We explore boundaries, emotional responsibility, and the difficult art of remaining in relationship with people who see the world differently than we do. This matters because the families you accompany will have their own complicated histories, and you don't get to decide who they should forgive.

Families come in every shape now: blended, co-parenting, chosen, three generations under one roof. Each shape needs its own understanding of what love looks like and its own guardrails. A birthworker arrives when a family is reorganizing around a new person. You'll learn to recognize the relationships already there, understand what each person may need, and support the family without deciding what it should become.

DEEP DIVE 03

The Power of Forgiveness

What are you still carrying, and what would it mean to put some of it down? Through teaching, heart-centered meditation, guided journeying, and ritual, Vanessa leads a circle exploring forgiveness, freedom, and the boundaries that allow us to move forward without pretending the past didn't happen.

DEEP DIVE 04

Spaces of Love

INTUITION closes with a circle devoted to love in all its complicated, beautiful forms. Vanessa explores vulnerability, language, humor, and connection before guiding you on a shamanic journey into the essence of love.

THEMES

- The comfort zone, fear, and how fear transforms
- Limiting beliefs and how they live in the body
- The nervous system, co-regulation, and emotional regulation
- Matrescence: its phases, maternal distress, and what helps
- Grounding, breathwork, mindfulness, and the hypnotic anchor
- Projection and transference: recognizing them in her, in the family, and in yourself
- Intuition and discernment
- Forgiveness, freedom, and healthy boundaries
- Modern family dynamics, the village, and what love means for a family
- Communication: active listening and staying out of drama without abandoning people



MODULE 3

03 TOUCH

From me, to you, to we.

After two modules of going down, TOUCH comes back up. Less onion now, more flower opening: first toward yourself, then toward another person, then toward the family and everyone around them. It's hard to accompany another woman's relationship with her changing body without occasionally bumping into your own. So again, the work begins with you.

Then the osteopath takes over. Teaching touch through a screen is genuinely hard, and Vanessa spent a long time developing a way to do it well.

> *"The training changed so much in me, and not just on the surface. I've restructured myself, and I notice that people perceive me differently. Even my hands have become more sensitive, although this is an online training, which still amazes me."*
>
> MELISSA, GRADUATE



You'll learn how an experienced osteopath thinks about touch, how to work responsibly within a doula's scope, and how to touch without taking someone else's inner world home with you.

You'll also learn from a pediatric osteopath who speaks fluent baby. Most new parents leave the hospital knowing how to buckle a car seat. Very few have been shown how to understand what their baby is telling them.

Some things, however, need to be learned in person. Rebozo work, belly binding, and other traditional techniques carry hands-on skill and cultural context that a screen can't hold. A video can teach you to fold a scarf. A room full of women and a fair amount of wiggles and giggles teach you the rest.

From the body, TOUCH moves into ceremony, because touch reaches beyond the hands. It's in how you approach someone, how you listen, how you notice what matters, and how you bring people together around something they may not yet have words for.

Ceremony is meaning made visible.

A blessing before birth. A closing afterward. A goodbye for a baby who didn't stay. Done well, a ceremony can bring people into a moment they might otherwise have passed through without marking it. It can soften someone who hasn't cried in years, give a family a way to express what matters to them, or make a woman feel truly witnessed at a turning point in her life. You can find a hundred beautiful rituals in a book. You can copy the flowers, the words, even the impressive-looking altar from that retreat.

> *The part that makes people feel something? That comes from you. Vanessa will teach you to develop it.*

DEEP DIVE 05

Womb Massage

A ceremonial circle devoted to your relationship with your own body. Vanessa brings her osteopathic knowledge into a guided experience of body awareness, self-touch, and gentle womb massage, inviting you to explore what it means to offer your own body the attention and care you give others.

DEEP DIVE 06

Find Your Own Medicine

TOUCH closes in ceremony. Through teaching, meditation, shamanic journeying, and ritual, Vanessa guides you into your own lineage to explore the medicine you carry and how it might find expression in the ceremonies you create for others.

THEMES

- Authenticity, self-expression, and self-love
- Body image and reconnecting with your own body
- The art and rules of touch
- Touching without absorbing
- Mothering the mother and walking into a postpartum home
- Hands-on support for pregnancy
- Birth positions, movement, and hands-on comfort measures during labor
- Postpartum massage, closing practices, and energetic work
- Baby language & handling
- Recognizing when to refer
- Energy healing: possibilities, limitations, responsibilities, and risks
- Ceremony: creating, preparing, and guiding meaningful rituals
- Mother blessings, postpartum closings, and ceremonies for loss and other life transitions
- Working from your own lineage with respect for others' traditions



MODULE 4

04 MOTHER EARTH

Everything is relationship.

A body is in constant conversation with its environment. Food, plants, hormones, sleep, stress, the people around us. There's a whole symphony playing around the clock, and every time you add an instrument, the music changes. MOTHER EARTH teaches you to listen before you add another one.

You'll learn the basics of phytotherapy and the biochemistry of nutrition: what the body needs throughout fertility, pregnancy, birth, and postpartum; how medicinal plants work; and how to prepare and use them responsibly. You'll learn about nutrients, plant constituents, indications, contraindications, and the limits of your role as a doula. Phytotherapy and pharmacy are professions of their own, and for the encyclopedia part, you can honestly just buy a book. We want to take you to the parts that aren't in the books: a woman's relationship to food, her body, and the instinct underneath all the noise.

> *"Drink raspberry leaf tea for birth prep." What does that even mean? How much? How often? Starting when?*

More importantly, before you reach for the tea, have you asked what she's worried about? Sometimes a rose on her nightstand will do more for her sense of comfort than a fourth supplement.

Mothering the mother reaches all the way to the one who holds us all: the Great Mother. In Vanessa's shamanic lineage, plants, water, and land are approached as living relationships. You ask before taking and give something back. You learn prayers, offerings, and practices of reciprocity, and explore what changes when care for the earth becomes part of how you live.

This is where all the threads of your training pull together. Two people meet, two cells meet, and a life begins. A baby grows inside a mother and comes earthside. A family reorganizes. A body lives inside its environment, a person inside a community, a community on this earth. Our first home is the womb, and inside it, the placenta is our first Great Mother: held by the womb, held by the mother's body, held by the Great Mother. It's a bit of a Russian doll situation, and the reason birthworkers are so clearly obsessed with the placenta. You'll leave knowing every option a family has, from traditional placenta medicine and ceremony to the latest trends; what the placenta means to the baby, the family, and the earth; and how to talk about it with a woman who never imagined wanting to see hers. It's a whole world of its own, which is why it also has a course of its own in our school.

GUIDED PRACTICE

Meeting a Plant

You spend time with a living plant, observing its qualities and the environment it grows in, and exploring what it means to approach the natural world through relationship. Drawing on Vanessa's lineage, you'll practice asking before taking and giving something back. An encounter with a plant that begins with attention and reciprocity, alongside the scientific knowledge needed to work with medicinal plants responsibly.

THEMES

- What it means to nourish: food, body image, noise, and instinct
- Minerals, vitamins, and nutrients for fertility, pregnancy, birth, and postpartum
- Intuitive eating and cravings as the body's requests
- Phytotherapy and medicinal plants for every stage
- Harvesting and preparing: teas, decoctions, tinctures, oils, baths, and steaming
- Plant allies and plant spirits
- The Great Mother, reciprocity, and offerings to the water and the land
- Medicine women and animistic traditions
- Plant medicine, master plants, and the Wellness Delusion
- Appropriation, spiritual tourism, and working with traditions in integrity
- The placenta: biology, meaning, traditional medicine, ceremony, and every option a family has
- The Song of Life



MODULE 5

05 BUSINESS

Be the architect.

After more than ten years of self-employment and building a school, Vanessa knows a few things about this work. Birthwork is not a get-rich-quick scheme, and nobody can simply "manifest" a practice into existence. You don't build a house by staring at an empty field until one appears. You need a concept, a strategy, and the right tools. So BUSINESS makes you the architect.

YOUR PLAN HAS TO DO THREE THINGS

I **It has to pay you:** an offer set up properly at a fair price, with clients who arrive reliably instead of by luck.

II **It has to be work you still want to wake up to in five years,** because nobody becomes a birthworker for the money, and we want to protect the love that brought you. That takes two things: a clear position, so you work with families you enjoy, and boundaries that keep you close to them without getting tangled up in their lives.

III **It has to hold up in a room full of professionals.** In most places, doula work isn't an officially regulated profession, so how you present it matters. When the obstetrician turns to you and asks, "And what exactly do you do?" you'll have an answer that makes her glad you're there. You'll be able to explain your work to a mother, her partner, her midwife, and the whole birth team without flinching, show up as an asset, and know exactly where your role ends and where you refer.



THEMES

- Your role and your scope: what a doula does and where her work ends
- Explaining your work to a mother, her partner, her midwife, and her doctor
- Legal and ethical foundations
- Contracts
- Setting up self-employment, invoicing, and simple bookkeeping
- Your vision, identity, and positioning
- Pricing your work and owning it
- Finding clients
- Interdisciplinary network
- Business plan and budgeting
- Professional boundaries in family homes and clean exits
- A sustainable rhythm for on-call life
- Meeting your imposter
- The business workbook, with video and journey guidance



DEEP DIVE 07

Rite of *Passage*

Most online trainings end with a certificate in your inbox. We close the way we opened: together, live, in ceremony.

In our final Deep Dive, Vanessa brings the circle together for one last teaching, guided journey, and ritual. You'll look back at the woman who arrived six months earlier, the knowledge you've gained, the experiences you've shared, and the work you're preparing to bring into the world.

Certification requires a written reflection and a live partner exercise, through which you'll demonstrate how you've understood and applied what you've learned. On successful completion, you'll receive your Rising Mother Doula certificate.

HOW IT WORKS

A Different Kind of *Classroom*

There are things you can learn from a book, things you have to practice, and things you only begin to understand when someone with experience sits across from you and asks one very good question. This training makes room for all three.

The complete curriculum is open from the first day, so you can follow your curiosity, return to the hard parts, and move at the pace your life allows.

WEEKLY

A Seat at the Table

Every week, the cohort meets live with Vanessa. Bring your questions, the situation you're unsure how to approach, and the lesson that made you reconsider what you thought you knew. You'll work through real situations from more than one angle and watch how an experienced practitioner thinks her way through the ones with no single right answer.

SEVEN TIMES

In Circle

Seven times the cohort gathers live for a Deep Dive. A teaching comes first, then shamanic journeying, embodied practice, or ritual. The books stay closed, and you enter the subject yourself.

EVERY DAY

Between Sessions

Between sessions, you study on your own time. You have the training book, video lessons with hands-on demonstrations, guided journeys to download, and a workbook for building your business. Exercises help you put what you learn into practice. You also have a tribe sister: a woman from your cohort you practice with, talk things through with, and lean on when a lesson hits close to home.

Ready to take your seat at the table?

APPLY & BOOK YOUR CALL WITH VANESSA →



WHAT YOU TAKE WITH YOU

The *Return*

Six months is a real investment of your time, your attention, and your money. Vanessa built this training with all of this in mind, and with one clear standard: it has to be worth it, whatever you decide to do with it.

You arrive with your history, your questions, and your beliefs about birth, motherhood, love, and yourself. You study, practice, get uncomfortable, change your mind. Somewhere in the middle, you go home and have the conversation you've been avoiding for ten years. Or you simply stop having the same argument.

You listen to your child a little longer before answering. You tell your partner what you need instead of waiting for an exceptionally lucky guess. Maybe you find yourself sitting across from your mother without needing her to become someone else first. Your friends still call at eleven at night. Only now, instead of spending the next three hours solving their lives, you ask one good question, they work it out themselves, and everyone's in bed by midnight.

If you go into birthwork, the ripple keeps going into rooms and lives you'll only stand in for a while. A pregnant woman makes a decision she actually understands, because you sat with her long enough to explain it. A partner who has been hovering by the door finds their place beside her, because you showed them where it was. A new mother, three weeks in and running on nothing, gets the right kind of help, because you could tell tired from drowning. Years from now, a family will still be telling the story of the months that changed them: the first anxious appointment, the first cry at 4:37 a.m., the blessing that moved even the cynical grandfather, and the slow weeks of learning to be three.

You were there for a little of their lives, yet what happened there may stay with them for a very long time. Perhaps that child grows up knowing what it feels like when people take care of one another. Perhaps, one day, they'll offer some of that care to a family of their own. You'll never know which conversation, well-timed question, or moment of keeping your mouth shut made the difference.

That's the thing about a ripple. You don't get to follow it all the way to shore.

None of this comes from a certificate. What you bring into a room is everything you've learned, everything you've lived, and how well you can tell one from the other.

Six months gives you time to study, practice, question yourself, and find out what actually holds up. There's a weekly rhythm, a circle of women expecting to see you, and a finish line you're moving toward together. We could give you lifetime access. We'd rather you finish. Owning a course and completing an education are two different things.

At some point, working on yourself becomes a very comfortable way of avoiding the moment you have to use any of it. The next part of your education is a real woman with a real life. She hasn't read your beautiful training book, she has no intention of following your plan, and she needs you anyway.

Some women build practices. Some bring this work into professions they already love, or into the homes and communities they belong to. Every one of those is a return.

The Rising Mother School of Birthwork will still be here. You can continue in graduate mentorship, extend your access, and keep the women you've met in your life, but you were never meant to stay in the classroom.

This nest was built to be left.

APPLY & BOOK YOUR CALL WITH VANESSA →



Your *Move.*

You've seen what we teach, how we work, and what we expect of the women who join us. You may already know exactly what you want to do with this education, or you may have a hundred questions. Both are great places to begin.

Tell Vanessa a little about yourself: what brought you here, what you're curious about, and what you hope to take with you. Once you've applied, you'll be taken straight to her calendar to book a personal call. She will read your application before you meet, so you can skip the introductions that sound like job interviews and get to the interesting questions. It's a chance to get to know each other, talk through what matters to you, and decide whether this is the right fit.

There is room for up to eighteen women. Then the circle closes.

Somewhere, a woman you haven't met yet may one day be very glad you took this step.

APPLY & BOOK YOUR CALL WITH VANESSA →

RISING MOTHER

School of Birthwork

Full Spectrum *Doula Training*

DATES	FORMAT	COHORT
January 11 to July 2027	Six months · International cohort	Maximum 18 women

YOUR INVESTMENT

Six months · Weekly mentoring with Vanessa · Seven Deep Dives · The training book · Certification

€4,900 *paid in full* | *or from €450 a month*

3 monthly payments	€1,634	
6 monthly payments	€850	*€5,100 total*
12 monthly payments	€450	*€5,400 total*

UNTIL NOVEMBER 30

Enroll by November 30 and receive a private session of up to two hours with Vanessa to use during the training.

APPLICATIONS OPEN NOVEMBER 1, 2026

APPLY & BOOK YOUR CALL WITH VANESSA →

rising-mother.com/full-spectrum-doula-training